

OSCE Station

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Station Topic:

CanMEDS Roles	Medical Expert	Communicator	Collaborator	Manager	Scholar	Advocate	Professional
Specific CanMEDS Competencies:							
Medical Expert	1.						
Communicator	1.						
Advocate	1.						
Format	Video & Questions	Full Role-Play	Scripted Dialogue		Paper Case & Questions	Lab Results	
Age/Gender	Adult	Child	Geriatrics		Female	Male	

Instructions for the Candidate

In this station, you are the Psychiatrist on call. Your PGY2 resident has just assessed a new patient consult and is ready to review with you.

You will have 20 minutes for this station.

Let the examiner know when you are ready to begin.

Case

Thomas is a 7-year-old boy who was brought into the emergency room by his parents. He was initially brought in to be assessed for a broken hand after he punched the wall at home. He was assessed by the ER physician and everything was fine, but his parents requested a psychiatry consult as they are concerned about Thomas. He is currently in Grade 2. He lives at home with his mom, dad, and 6-year-old sister and their dog. Thomas was assessed with his parents in the room and the history was obtained from his parents.

His parents state that for the past 2 years they have had increasing difficulty managing his behaviour at home. They are concerned that he is mentally unwell. He will often lose his temper multiple times throughout the day. It is to the point that his younger sister is afraid of him because he is always angry and yelling. It seems as if the smallest inconvenience will set him off. This also spills into the school setting where he is in and out of the principal's office. He will argue with teachers and often get detention and the school has communicated with the parents that they are considering expulsion. At home, when they set chores for him, he never follows through on them and it usually leads to more arguing. Whenever he does something wrong he won't take the blame and often tries to pin it on his younger sister. These behaviours have gotten worse recently and they seem to be at their limit.

In terms of his overall mood, other than the times he is arguing, he enjoys playing soccer and hanging out with his friends. He has been sleeping and eating well. His parents deny that his mood is low or that he struggles with anxiety. There are no safety concerns that the parents identified. He makes friends easily in school and his favourite subject is physical education.

They deny that he is using any substances. The father struggled with alcohol, cocaine, Cactus, and skittles, but has been abstinent for the past 5 years. Otherwise, there is no family history of mental illness.

Thomas was born in Regina. There were no complications with the pregnancy. His father and mother are both RCMP officers. They state that they are very strict when it comes to following rules and as a result his relationship with his mom and dad is strained. His relationship with his sister is also poor. In terms of school, he is passing all of his classes. They have been concerned from the teacher that he will often talk back to them or bully some of the other classmates.

At this time, his parents are wanting him admitted to the adolescent unit as they are sure something is wrong with him.

1. Hi Dr. Wekerle, so I just saw Thomas and his parents here in the ER. They seem quite concerned that there is something wrong with him. It seems like a behavioural issue, can there be a psychiatric thing going on? (Are there any specifiers for this diagnosis?)

2. Is there anything else that could explain his symptoms?

3. I always get confused between ODD and Conduct Disorder. What are the main differences?

4. Are there certain symptoms that make Thomas more likely to progress to Conduct Disorder?

5. What could possibly cause this?

6. His parents say they don't have any safety concerns, so I didn't do my usual safety screen. That's fine, right? Does ODD change the risk in any way?

7. What should I have screened him for in terms of safety?

8. This sounds like a terrible time for both Thomas and his family. What can we do to treat him?

9. What if he refuses treatment or doesn't respond? What's going to happen to him if he's left untreated?

10. Parents want admission, anything else I need to know or do before I go ahead and admit him?